

First United **Presbyterian Church of Pine Plains**

3039 Church Street (to visit) P. O. Box 313 (for mailing) Pine Plains, NY 12567 Tel: (518) 398-7117

To **know** the love of *Christ: to show the* love of Christ; and to **grow** in the love of Christ.

All are welcome to join us at our weekly Sunday worship service at 11:00 a.m.

Pastoral Care:

Pastor Ryan can be reached for urgent and emergency needs on his personal mobile phone 24/7, (518) 261-0834. For non-urgent calls, please leave a message on the church office phone: (518) 398-7117, which is checked as few as seven times/week and not every day.

Hudson River Presbytery: www.hudrivpres.org

Agape Harvest

As we enter the holiday season this month, we think of family, and that usually means being with our loved ones and spending time together, in person. In the past, we may have traveled to visit with them, and the only thing that may have kept us physically apart was if the distance was too great.

This year is different from anything most of us have ever experienced before. Travel is being discouraged, and in some cases because of quarantines, it is not even possible. We are being told even local family gatherings may not be a good idea. Video conferencing has become a way of life: we never heard of Zoom until this happened, and now it has become one of the most popular ways to keep in touch remotely. All because of something we can't even see, a deadly virus.

When I was 14, right before Christmas, I got very sick. I got the 1968 flu pandemic, at the time called the Hong Kong flu, which was caused by a new strain of the influenza A virus, H3N2. Although I had been a sickly kid, it was the first time I ever had the flu. My mother, as usual, took care of me, and then she got sick as well. My father and brother somehow, luckily, managed to avoid catching it.

Christmas for us was different that year. We usually spent the day going to visit my grandparents in Connecticut, but instead, my father and brother went by themselves, leaving my mother and I behind. I'm sure it was a tough decision for my father.

Of course, we didn't have anything like Zoom back then.

www.pineplainsprebysterianchurch.com

It felt strange, not being a part of the usual family gathering at my grandparents' house, and not spending Christmas Day with my father and brother. I imagine that for a lot of kids this year, Thanksgiving and Christmas are going to likewise feel strange, and they are going to miss being with their loved ones, like I did. I feel for what they will be going through. A hug with a loved one can't be replaced by a video chat.

Thankfully, my mother and I both recovered with no serious complications. My first time outside after having been isolated indoors for what seemed like forever made such an impression on me that to this day, I still remember how I felt. I was still weak, but it felt so good to be able to breathe in that fresh, cool air and to have the freedom to go places again. This virus is still in circulation today as a strain of seasonal influenza A, but now is able to be prevented through our annual flu vaccinations.

Life is going to return to normal eventually with the current pandemic as well. This coronavirus is far deadlier than the influenza virus that caused the pandemic of 1968, so restrictions are necessarily more severe, but it will happen. This is just temporary. There will be a vaccine.

Until then, we have to follow the recommendations of the scientists and health professionals: take proper precautions, socially distance, wear masks, and wash our hands. We'll get through this together, even if our family holiday get-togethers this year are on Zoom.

Dyan Wapnick

- Pastor's Report, Worship Announcements, Stewardship
- Session Update, Calendar Mission, Nutrition Corner
- Veterans Prayers

Pastor's Report

This Sunday, November 1st brings one of the most remarkable of all the worship liturgies, All Saints' Day. Versions of this are celebrated in other cultures and traditions, perhaps most well known is Dia de Los Muertos, The Day of the Dead. I have attended a Southern Mexico celebration in a cemetery. I will describe it in detail for you in times ahead, as there is much we can learn about a best relationship with our dead from the ways other cultures keep alive those relationships.

For our celebration this Sunday, you are most welcome to participate in these ways:

- + Bring a photograph of your loved ones who have died, framed or not. You will be invited to find a place for the photo in the front of the sanctuary as you will. Those who will worship remotely might post photos in the Facebook comments under the worship service video
- Give us the names of those you love who have died, so we might print a listing for our prayers.
 We'll keep the list updated throughout the year for the annual All Saints' Day coming.
 PastorRyanFirstUnited@gmail.com, with a call, or when you see Pastor Ryan in-person to add to this list.

More regular to our gatherings, this Sunday and normal to the first Sunday of each month, the Communion meal will be celebrated. You may wish to bring your own elements for extra safety, pack your "picnic" of something as the bread and something to drink. If you rather, there will be safely prepared, individual cups of bread and juice prepared for you.

Also, we haved moved back into our sanctuary for worship to enjoy the things exclusive to there and to have the heat and keep down the winds. However, this year is not like the others. For safety, we must maximize air flow. Therefore, please prepare for a lower temperature indoors, although we will not let it fall below that which is minimal for a peaceful experience. Please go to close a window or ask for help if the chill becomes too much. To prepare, wear overcoats as if you were going to an outdoors gathering, bring a blanket, and gather towards the center aisle heating vents maintaining six feet between households.

Sunday, November 8th, we will have a related celebration. This, a day for the caregivers' in our lives and in the world. We will take a broad definition to include parents and neighbors, along with spouses and children and medical professionals. Make your invitations wide to all those who may wish to be with us to celebrate the Saints, those who have died and those who have and continue to give care.

For the rest of our near journey, we will have the Advent Season, those four Sundays that lead to Christmas, begin November 29th. What joys to come!

In peace,

Pastor Ryan

Worship

Every Sunday at 11:00 a.m. (indoors now, and adapted for COVID safety)

Notes on Current, Adapted Worship

In-person worship commences at 11:00 a.m. Sundays. We are back in the church sanctuary.

If you need to stay away from the gathering, we understand as we miss you. Worship service video streams at facebook.com/groups/firstunitedpineplains Video is available there forever, to watch at any time. If you need another way to worship with us while you stay away from the gatherings, please ask Pastor Ryan. Perhaps a DVD you may play at home? Just ask.

Do not attend any gathering if:

- You have a fever (100.4 or above is the official, too high reading)
- You feel at all sick (no time to guess, if you feel ill, worship remotely)
- If you are subject to the quarantine becomes you have traveled in the last 14 days to one of the NY/NJ-listed states of increased COVID risk.

If you come, please: Bring a mask to wear.

Announcements

"Grab and Go" Dinners - Turkey Supper

Our Turkey Supper is on Saturday Nov. 14. The price is \$15 and Takeout Only: curbside pickup is from 4-6 p.m. Call Carol for tickets at 398-7056. If you can help any time that day, please email Dyan at dyanwapnick@optimum.net, or speak to either Jeanne or Dyan.

Stewardship

From Scott Chase (Ruling Elder/Treasurer) - "We still need your financial support. As we go through this time we continue to pay our employees, provide funds for mission work, and maintain our buildings. Your support is greatly appreciated and critical to helping us serve our church family and the broader world community. You may mail checks to **First United Presbyterian Church PO Box 313, Pine Plains, NY 12567**. If you need another way to give, please write me schase560@yahoo.com or call (518) 398-5247. Thank you for all you do.

We now offer online giving with Venmo! (it can also be used to <u>purchase tickets in advance for our dinners!</u>)

- 1. Log into the Venmo app on your phone or tablet
- 2. Click "Pay or Request" -- the big blue button at the bottom
- 3. In the "Add Recipients" box type @FUPCPP (stands for First United Presbyterian Church Pine Plains)
- 4. Select "FirstUnitedPresbyterianChurch Pine Plains" if it doesn't populate automatically
- 5. Enter how much money you would like to donate
- 6. Add "what it's for" -- you can do this in emojis which is fun!
- 7. Click "Pay" on the bottom right-hand side
- 8. Select your payment method
- 9. Click "Pay" -- the big green button at the bottom
- 10. You're all set!

Session Update

Our Session work since the last, published update includes:

- Gratitude for a safe and community-energizing Chicken Barbecue
- Designation of leadership for traditional end-of-the-year mission projects: mittens and Adopt-A-Family
- Updates from the annual meeting of the leadership of Pine Plains Council of Churches Food Locker, in which we participate in a number of ways. The Locker reports a robust set of mission works and a strong financial position for the future
- Council of Churches will offer a video-based Thanksgiving service with details on the ways you may access to come
- A discussion of Advent and Christmas traditions to prepare Pastor Ryan for his first of these seasons with First United
- Planning for how to keep in the best ways COVID safety as temperatures change options for ventilation
- A report on the work of the Child Task Force, looking at the future of how we serve the younger ones in the church and community

Pastor Ryan moderates the Session and is glad to go more in-depth on the work of your elected leaders past and future. Minutes of the Session meeting are available for review upon request.

SESSION: Jeanne Valentine-Chase, Nathaniel Chase, Samantha Chase, Scott Chase, Deb Jackson, Jim Jackson, Doug Hart (Clerk), Ryan Orton, Jim Petrie, and Dyan Wapnick.

DEACONS: Roberta Cerniglia, Lynne Clinch, Dora Hage, Carol Hart, and Pam Meccariello.

Our next Session meeting will be on Monday November 23 at 7:00 pm. There will be a Remote, daily prayer worship service prior to the meeting – all are welcome – meets via Zoom call and internet video.

Calendar

| November 2020 | | | | | | |
|--|--------------------------------------|-----|---|--------------------|--|---|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| 1 All Saints' Day Daylight Saving (End) 11 am - 12 pm Sunday Worship | 2 All Souls' Day | 3 | 11 am - 1 pm Women's Assoc. Mtg. (inside) | 5 | 6 | 7 |
| 8 11 am - 12 pm Sunday Worship | 9 | 10 | 11 Veteran's Day | 12 | 13 | 14 4 pm - 6 pm Turkey Supper - Grab and Go |
| 15 11 am - 12 pm Sunday Worship | 16 | 17 | 18 11 am - 1 pm Women's Assoc. Mtg. (Inside) | 19 | 20 10:30 am - 11:30 am Council of Churches Mtg. [Presbyterian Church] | 21 |
| 22 11 am - 12 pm Sunday Worship | 23 7.pm - 8:30 pm Session Mtg. | 24 | 25 | 26 Thanksgiving | 27 | 28 |
| 29 First Sunday of Advent 11 am - 12 pm Sunday Worship | 30 | 1 | 11 am - 1 pm Women's Assoc. Mtg_ (Inside) | 3 | 4 | 5 |

Mission

Our church supports two food pantries in our community:



Pine Plains Food Locker:

The monthly drive items for November are toothbrushes and toothpaste for adults and children.

Toiletries are always welcomed.

Please send \$ donations to the Pine Plains Food Locker

2852 Church Street Pine Plains, NY 12567

Willow Roots

Run by Nelson and Lisa Zayas from their home on North Main Street with the help of many volunteers.



Lynne Clinch

Remember a Veteran

It's November already! Time does fly...Usually we all start to think about family Thanksgiving meals. I know over the years these articles have reflected this but not this year. I'd like to take a different approach this month. November 11th is Veterans Day; a day we celebrate the military veteran. We thank them for their service, their sacrifice, their valor. It's because of this we enjoy the freedom we have today. Don't forget to thank a vet for their service.

Having heard so much about 'MREs' I asked Bob about it. He told me during his time in Vietnam they were called C-Rations. He ate very little 'real' food. He did say there was a lot of liver...I won't go there...There had to be 'real' food involved too so off to the internet for a search. We all know the internet knows everything! Found several recipes for SOS (AKA same ole` stuff along with several other names). Some were made with ground beef and others made with chipped beef. Any of them can be served on toast, mashed potatoes, noodles or pastry shell, eggs and even hash. Let me start with the chipped beef.

Chipped Beef on Toast Serves 4

4 T. butter
¹/₄ c. flour
2 c. milk
1 jar dried beef (8oz.)

1 pinch cayenne pepper

Make roux with butter and flour then slowly add the milk. Cook until thickened. Add cayenne pepper and beef. Serve. Warning: this is very high in sodium!

Army SOS Creamed Ground Beef

You start with making the roux (4 T. butter and 4 T. flour). Slowly add 1 c. milk and 1 c. beef broth and cook until thickened. Meanwhile brown off 1 pound ground beef. Season with salt and pepper. Combine all, serve and enjoy.

Navy Potatoes -- 4 servings

3 large russet potatoes, peeled and quartered lengthwise ½ c. butter melted 1 c. flour Salt and pepper to taste

Place potato wedges in water and refrigerate for an hour. Set up 2 bowls for dredging station. One for the butter, the other for flour and S & P. Spray baking sheet with cooking spray. Drain and dry potatoes. Roll potato wedge in flour then butter and arrange on baking sheet. May need more butter. Bake in preheated 450 degree oven for 35 to 40 minutes. Turn half way through.

Easy Pleasy Mac N Cheesy - US Navy Style

8 oz. elbow macaroni (Boil in salted water for about 8 minutes.) Drain

8 oz. Velveeta cheese

1 can condensed cheddar cheese soup

1 c. sour cream

½ c. shredded parmesan cheese

½ c. milk

Salt and pepper to taste

½ c. crushed saltine crackers

2 T. melted butter

Mix cracker crumbs with butter and set aside. Combine remaining ingredients in large bowl and mix well. Pour into 8x8 baking dish. Sprinkle crumb mixture over top. Cover with foil and put into 350 degree oven. Bake 30 minutes and remove foil. Continue baking an additional 10 min. until top is golden.

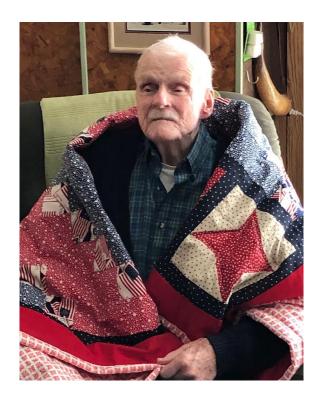
One thing is certain. All these recipes are NOT low in fat or carbohydrate. But the job they were doing at the time required all extra energy they could get.

Hope all have a wonderful Thanksgiving. And remember to thank a Veteran for their service. And as always Happy Cooking....

Remembering Our Veterans

Please take a few moments to remember our veterans, as we honor them on Veteran's Day this upcoming month. Thank you to Lynne Clinch who made these "Quilts of Valor" for some of our local veterans. Each quilt is an original work of art and is intended to "bring comfort and healing to those touched by war". The vets who received the quilts are all members of American Legion Post #426 Pine Plains. Pictured are: Mort Jackson, Walden MacPherson, Allan Blackmar, and Bob Clinch.











To add to these prayers, Pastor Ryan is always glad to pray with you (518-398-7117 to find the best ways). If you wish to directly add to the list, please e-mail dyanwapnick@optimum.net

During the coming month, please remember the following people in your daily prayers:

The family and friends of those who have died: Arlene Brower, Murial Swart, Tom Daly (PPCC), Stacey Wilson (mother of Sam Chase's friend), Dale Thorton, essential workers who have died while serving during COVID lockdown, our congregation. Pray too, for our congregation, all our children, our loved ones, and all of those who have lost loved ones in the past year, and our pastor.

At home: Pat (Dora's friend who has COVID), Carol Foley (Regeneration Church), Marva Blackmar, Jeff Davis (Dyan's cousin), Irene Dieter (Ancramdale Church), Danny Larkin (Alcyce Larkin's husband), Deb Phillips, Adalyn Forgey and her family (Carol Hart), Kelly Wilkie (Pastor Ryan's sister), Bridget and Aylee, Mort Jackson, Brian & Jessica Weglinski & family, Laurena Mesnard, Teresa Maleonski (Marva), Craig Shelley, Joe (Susan), Pastor Laurie's Mom, Melissa McKinney, Phyllis Shanks, Barbara Gurbel, Randy Burns (Dyan), Jim Fabrizio, Kyleigh Cummings, Judy Parliman, Millie Sheldon, Pastor Laurie, Bobby Wendover, Victoria Hull (Dot), Carey (Amanda Zick), Ron & Cathy Osofsky, Rich Cummings (waiting on kidney), Caeden Boyce (Cindy and Roberta) small child with leukemia, Anthony Silva, Emo #4 (Rosanne's sonin-law's aunt), Lynn (Linda Wendover's sister), Antonio Gonzalez (Dyan), Melissa and Anthony, Gene Jernigan, Chun Ok Blackie (Jim and Margo Jackson's sister-in-law), Caitlin Edge (Deb), Elaine Hage, Joann Amelio, Debra Rose, Marge (Laurie), Marjorie Bright, Judy MacMorran (Barbara Gurbel's daughter), Debbie (Laurie), Brittany.

At Geer Nursing Home: Linda Bartolomeo At Thompson House: George Dennis

At The Manor at Woodside: Helen Travis and Rod Davis

At Noble Horizons: Lek McNeill, RuthAnn Pulver, Charlie Napoli At Meadows (formerly named the Baptist Home): Mary Jo Glozier

In the military or Reserves: Pierre Mesnard, Spencer Johnson (Iraq), Patrick Brooks, Garrett Pendleton (South Korea), Lewis and Denzel Jackson (Keith Jackson's sons), Garrett Cummings, Daniele Casazza, Kyle Moskowitz, Matt Cade, Zach McDonnell - Reserves, John Cort, Mark Hall, Jacob Coons, Danny Hoysradt, Brian Montross, Eric Wiltsie (Tom and Renee Strudwick's nephew), TroiHunter Cookingham (Basic Training, Fort Sill). *And all those who have served in our military*.



Hudson River Presbytery Prayer Calendar 2020

As a Presbytery family, we hold each other in prayer – all of us sisters and brothers in Christ. We invite you to lift up prayers for our churches, our staff, and our ministry partnerships, including them in your pastoral prayers each week, and in your church bulletins. The Church is all of us - made one in Christ.

November 1 - All Saints' Day

Port Jervis

Roscoe

November 8 - Twenty-Third Sunday after Pentecost

Rve

Self-Development of People Committees (local and national) Presbyterian Disaster Assistance

November 15 - Twenty-Fourth Sunday after Pentecost

Salt Point, Westminster

Scarborough

Hunger and Homelessness Sunday

November 22 - Christ-the-King/Reign of Christ Sunday

Scarsdale, Hitchcock Stewardship Team

November 29 - First Sunday of Advent

South Salem

Staatsburgh, Pleasant Plains

Presbyterian Hunger Program

Share a Blessing!

Next Issue: December 2020

Submission deadline: Nov. 25, 2020

Send submissions to:

dyanwapnick@optimum.net