

Agape Harvest

First United Presbyterian Church of Pine Plains

3039 Church Street (to visit) P. O. Box 313 (for mailing) Pine Plains, NY 12567 Tel: (518) 398-7117

To **know** the love of Christ; to **show** the love of Christ; and to **grow** in the love of Christ.

All are welcome to join us at our weekly Sunday worship service at 11:00 a.m.

Pastoral Care:

Pastor Ryan can be reached for *urgent and emergency* needs on his personal mobile phone 24/7, (518) 261-0834. For non-urgent calls, please leave a message on the church office phone: (518) 398-7117, which is checked as few as seven times/week and not every day.

Hudson River Presbytery: www.hudrivpres.org What is World Communion Sunday, which is officially commemorated on the first Sunday in October? Does it hold any particular significance for our church?

The concept originated in 1930 in the Presbyterian Church when the Rev. Dr. Hugh Thomson Kerr, in his role as moderator of General Assembly, began thinking of a way to bring churches of all denominations together in a service of Christian unity, to celebrate their oneness in the body of Christ. In 1933 the first World Communion Sunday was celebrated at the church where Dr. Kerr was a minister. Shadyside Presbyterian Church in Pittsburgh, PA. In 1936 the US Presbyterian Church adopted it, followed in 1940 by the Federal Council of Churches (now National Council of Churches), after which it began to spread worldwide.

It helps to understand this phenomenon when one remembers the context, what was going on in the world at the time: a major economic depression and the rise of fascism in Europe. World Communion Sunday offered an opportunity for Christian churches all over the world to present a united front against these threats to world peace.

As the world continues to deal with global crises, World Communion Sunday has evolved in some denominations to become a time to address specific issues that hold special meaning for them. The United Methodist Church, for example, uses World Communion Sunday to provide scholarships for U.S. racial- and ethnic-minority students and international students, on both undergraduate and graduate levels. The Presbyterian Church (USA) uses this Sunday to receive the Peace and Global Witness Offering, one of 4 special offerings during the church year.

"A gift to the Peace & Global Witness Offering enables the church to promote the Peace of Christ by addressing systems of conflict and injustice across the world. Individual congregations are encouraged to utilize up to 25% of this Offering to connect with the global witness of Christ's peace. Mid councils retain an additional 25% for ministries of peace and reconciliation. The remaining 50% is used by the Presbyterian Mission Agency to advocate for peace and justice in cultures of violence, including our own, through collaborative projects of education and Christian witness."

To find out more, or to give online, visit <u>https://specialofferings.pcusa.org/o</u> <u>ffering/peace-global-witness/</u>

We will be receiving this offering in church on Sunday Oct. 3, but you are welcome to give anytime.

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Page 2 **Pastor's letter**

Dear Church,

How long has it been since we regularly had something outside of Sundays! One such event in your history, and common amongst our peers is a class/study/Christian Education. There are many names for the many matters that are best learned outside of the sermon. We, your Session, feel that with our assumed 100% vaccination, and the long-arc that might be left before a big change in the virus, we can be indoors more often with our masks on. So thus, our first in so very long time, Christian Education series: Foundations. This title speaks to the basics that by now, a new pastor would have normally explored with you, to find out what you know that he doesn't, what he knows that you don't yet, and better inform the worship and programming ahead. Negotiable by the group that gathers and informed even in the moments of the meeting, we start with a historic list called "The Six Great Ends of the Church." This first conversation begins Monday, Oct. 4th at 7pm in the church Fellowship Hall. We are not initially planning a video option, yet if you have the need to be away and are interested, do not hesitate to ask for a way to participate from afar. From our first topic, we'll see if it needs another session, then we'll plan to keep going every Monday at 7pm for a while, with these initial leanings: From where do the words for worship/liturgy/order of service come?; Where does a sermon come from?; How does the church choose its mission work, including social movements in which to participate?

It should be good fellowship. We'll keep it interesting with different formats changing often so it is not just a long lecture. At some point we'll see it is time to end this series and figure out the next, after a break. Each weeks plan, along with the end of the series, will be announced in worship and by email.

In peace,

Pastor Ryan

Worship

Sunday Worship at <u>11:00 am</u> (indoors and adapted for COVID safety)

Notes on Current, Adapted Worship

We are worshiping in the church sanctuary. <u>We are taking extra precautions now that we are worshipping indoors</u>, with open windows, social distancing, fans etc. *If you come, please:* Bring a <u>mask</u> to wear *even if you are fully vaccinated*. We have decided to make this adjustment to our in-house worship due to the Delta variant. We have disposable masks available.

If you need to stay away from the gathering, we understand as we miss you. Worship service video streams at <u>facebook.com/groups/firstunitedpineplains</u> Video is available there forever, to watch at any time. If you need another way to worship with us while you stay away from the gatherings, please ask Pastor Ryan. Perhaps a DVD you may play at home? Just ask.

Homecoming

- Oct. 3 HOMECOMING WORSHIP: *World Communion Sunday (everyone is invited to bring fabrics/crafts/art from places being the U.S. to help set the space for worship)
- Oct. 4 & 11 7pm Christian Education "Foundations" in the Fellowship Hall (series likely to continue every Monday at 7pm for more dates; please be in worship and check e-mail for news of series continuation and its eventual end)

*Denotes a worship with Communion: All are welcome to bring your own bread and something to drink if that feels safest. Elements safely prepared will be available for all.

<u>Season Teams</u>: Our first Season Team, *Advent/Christmas* [*Epiphany*] begins around Oct 10, 2021 and goes to Sunday Jan 9, 2022. Please see Pastor Ryan if you are interested or want to learn more about it.

Our Leaders

SESSION: Doug Hart (Clerk), Jeanne Valentine-Chase, Samantha Chase, Scott Chase, Deb Jackson, Jim Jackson, Ryan Orton, Jim Petrie, and Dyan Wapnick.

DEACONS: Marva Blackmar, Lynne Clinch, Dora Hage, Carol Hart, Pam Meccariello, and Amanda Zick.

Next session mtg. is Monday November 8 at 7:00 pm in the Fellowship Hall.

Session Updates (includes two September meetings; next scheduled is Nov. 8)

Sept. 13

- Set Oct. Christian Ed. series
- Called Mission Ctme. to meet around international mission/other initiatives
- Set plan for hiring for snow removal work and, in spring, grass cutting

Sept. 27

- Set initial plan for Turkey Supper 2021 Saturday, Nov. 13
- Authorized sale of church property: excessive dishware; broken lawn tractor
- Set a framework for breakfasts served on Sunday mornings beginning in Lent, if possible
- Heard future plan for officer nominations from Nominating Ctme.
- Heard plans for Women's Association Final Sale Oct. 1-2
- Last ¹/₃ of meeting was long-range planning

Stewardship

Online giving with Venmo!

- 1. Log into the Venmo app on your phone or tablet
- 2. Click "Pay or Request" -- the big blue button at the bottom
- 3. In the "Add Recipients" box type @FUPCPP (stands for First United Presbyterian Church Pine Plains)
- 4. Select "FirstUnitedPresbyterianChurch Pine Plains" if it doesn't populate automatically
- 5. Enter how much money you would like to donate
- 6. Add "what it's for" -- you can do this in emojis which is fun!
- 7. Click "Pay" on the bottom right-hand side
- 8. Select your payment method
- 9. Click "Pay" -- the big green button at the bottom
- 10. You're all set!

Mission

<u>Council of Churches</u>: Please pray on the possibility of **representing our church** on this council (along with Pastor Ryan), including the additional possibility of serving as secretary for the Council. The next meeting is on Oct. 15 at 10:30 am. at St. Anthony's.

Food Assistance

Willow Roots: Willow Roots is a non-profit community-based food pantry on South Main Street that compliments the Pine Plains Food Locker based at the Methodist Church. Willow Roots began several years ago by Lisa and Nelson Zayas as a way to receive excess produce donated by local farmers and gardeners and distribute to residents who experience food insecurity from around the Tri-state area. Willow Roots doesn't accept state or federal aid and relies exclusively on donations. They currently service 40+ households.

Food Pantry Donations Needed

Distribution is every Saturday except the 2nd Saturday of the month.

Pine Plains Food Locker:

The monthly drive items for September are shampoo and conditioner. Toiletries are always welcomed. Please send \$ donations to the Pine Plains Food Locker 2852 Church Street Pine Plains, NY 12567

Distribution is on the 2^{nd} Saturday of the month.

There will be a meeting of the Mission Committee on Thursday Oct. 19 at 7:00 pm in the Fellowship Hall. Anyone is invited to attend if you feel called to be a part of this ministry.

The Women's Association Fall Sale (rummage and Christmas bazaar all in one) is Friday October 1st & Saturday 2nd from 10:00 to 2:00 both days. This is the last sale of the Women's Assoc. and everything must go!! There are sure to be bargains galore, so come check it out.

Grab 'n Go Turkey Dinner – Saturday Nov. 13. Curbside pickup will be 4-5:30 pm. Tickets are \$16. You may reserve your dinner by calling the church at 518-398-7117 or emailing Dyan at <u>dyanwapnick@optimum.net</u>. **If you interested in volunteering please let Dyan or Jeanne know.**

National Wreaths Across America Day December 18th at 12:00 p.m.

Christmas Concert – Saturday Dec. 18. Details coming.



Calendar

October 2021								
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
26	27	28	29	30	October 1	2		
<u>11 am - 12 pm</u> <u>Sunday Worship -</u> <u>Homecoming</u> (<u>Church</u>) <u>12 pm - 1 pm</u> Annual Meeting	7 <u>pm - 9 pm</u> <u>Session Meeting</u> (Fellowship Hall)				<u>10 am - 2 pm Women's Assoc. Sale</u>	<u>10 am - 2 pm Women's Assoc. Sale</u>		
3 <u>11 am - 12 pm</u> <u>Sunday Worship -</u> <u>Homecoming -</u> <u>World Communion</u> <u>Sunday (Church)</u>	4 Feast of St Francis of Assisi	5	6	7	8	9		
10 <u>11 am - 12 pm</u> <u>Sunday Worship</u> (<u>Church</u>)	11 Columbus Day 7 pm - 8 pm Adult Study - Foundations of the Church (Fellowship Hall)	12	13	14	15 <u>10:30 am - 11:30 am</u> <u>Council of Churches</u> <u>(St. Anthony's)</u>	16		
17 <u>11 am - 12 pm</u> <u>Sunday Worship</u> (Church)	18 7 pm - 8 pm Adult Study - Foundations of the Church (Fellowship Hall)	19 7 <u>pm - 8 pm</u> Mission Committee Mtg. <u>(Fellowship</u> Hall)	20	21	22	23		
24 <u>11 am - 12 pm</u> <u>Sunday Worship</u> (<u>Church)</u>	25 7 pm - 8 pm Adult Study - Foundations of the Church (Fellowship Hall)	26	27	28	29	30		

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Agape Harvest Soups for the Fall

Imagine my surprise when I went grocery shopping this week and found numerous shelves with limited supplies. Same went for the cold section which was the home of meats, fish, poultry and pork. My thoughts went to menu selections and thinking more meatless meals this winter. But, although we have not done this, a hearty soup along with crusty (homemade) bread may be the answer. I do make a lot of scratch soups but usually use for lunch meal. No reason why it can't be done for dinner. It has to be more economical and easier

to stretch to feed more. But it also will be easier to prepare if using the crockpot. In reality it would be healthier since you control what goes into the soup. Unless you make your own low sodium broth, there are some good ones on the shelf of the grocery store. This is essential when planning a homemade soup.

Let's get started! Remember that expression I used several articles ago, mise en place (French pronunciation mi za plas), get everything ready before you begin. So check your recipe so all you have to do is put it in the pot. If you have a bread machine start that process then move on to the soup. One of the most popular soups aside from the favorite of chicken noodle is a hearty beef vegetable. Got a great recipe to share.

Hearty Beef Vegetable Soup

8 servings 1 to 1 1/2 pounds of stew beef or use hamburger 2 ½ T. olive oil 1 large chopped onion 3 medium carrots diced 3 stalks celery diced 4 cloves or 1 tsp. granulated garlic 8 C. low sodium beef and/or chicken broth 2 (14 oz.) cans diced tomatoes (low sodium) 1 can each green beans, corn (can use leftovers, frozen or low sodium) 1 pound potatoes cubed (4 or 5 potatoes) 1 C. frozen peas 1 tsp. dried oregano and basil ¹/₂ tsp. dried thyme (Pepper to taste, salt also if using)

When I make this soup I use hamburger, all low sodium products and add poultry seasoning eliminating oregano, thyme and basil, no salt but do use pepper. I also use chicken broth not beef unless I happen to have it. I also use any leftover veggies in the refrigerator first then go to frozen. I do have canned veggies but only used at last resort. Basically to make this soup you brown off the meat in oil on stove top. Remove to crockpot. Add the veggies to same fry pan and proceed to cook until softened. Add the veggies and spice to crockpot and cook on low for 3 to 4 hours. If soup has too much broth for my taste I remove to use in my next soup. I'm looking for a hearty consistency that will be filling. Feel free to add any veggie you want. Consider adding root veggies. One thing can be said is this soup is never made the same way twice! Oh and just so you know, I use hamburger quite often in making a variety of soups. With squash in abundance now and the fact that they keep well, you have to consider using it in cooking from soups to side dish to main entrée. Do some exploring to find new recipes. Think outside the box especially with the rising food prices.

Roasted Butternut Squash Soup

4 to 6 servings, approximately 1 hour from start to finish

1 large butternut squash or 2 medium, halved and seeded. Place cut side down on rimmed cookie sheet after drizzling with oil and seasoning with S & P. Place in 425-degree oven and roast until done about 40 to 50 minutes. Remove from oven and let cool until it can be handled.

½ C. chopped onion
4 garlic cloves, minced
1 tsp. maple syrup or honey
1/8 tsp. nutmeg

3 to 4 C. broth, vegetable or chicken 1 to 2 T. butter Salt and pepper to taste

As squash is roasting soften the onion in soup pot then add the garlic. Scoop the squash into the pot, add the syrup and nutmeg and using an immersion blender, blend until smooth. (If no immersion blender use your stand blender.) NOTE: You may need to add a cup of broth to help with the blending. Return puree to soup pot, place back on stove top and add the remaining broth until desired consistency achieved. Add butter and heat. Season as desired and serve. Very hearty soup especially on chilly day. Can be held in crockpot for halftime of football game or easy dinner while watching NASCAR race. With rising grocery store prices and many on fixed incomes we do not want to neglect our health. It's essential to maintain nutritious meals so start thinking outside the box. Need help with a recipe? Don't be afraid to ask. It's only a phone call away. Happy Cooking....



By Lynne Clinch

October 2021

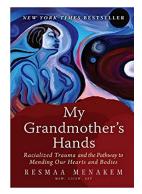
Birth announcement

Corbin Chase and Jen Sorensen-Chase welcomed their first child, baby boy Carter Soren Chase on September 11. Scott Chase and Jeanne Valentine-Chase are the proud grandparents. *Congratulations!!*

Sale Party!!



From Hudson River Presbytery



Save the date! Register now. Members of HRP's **Racial Justice** Team (Edgar Hayes, Sarah Henkel & Yzette Swavy-Lipton) invite you to **join the conversation**. On Monday, November 15th beginning at 7:00 PM we will discuss the book, My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies, by Resmaa Menakem. You can also take advantage of the step-by-step healing process that is provided with the book. You can read it alone or as a group... just read the book and join us. This book is available from Amazon and other sellers. We hope to see you. <u>Click here to register</u>



To add to these prayers, Pastor Ryan is always glad to pray with you (518-398-7117 to find the best ways). If you wish to directly add to the list, please e-mail <u>dyanwapnick@optimum.net</u>

Please remember the following in your daily prayers: Essential workers who have died while serving during COVID lockdown, our pastor, our congregation, our children, our loved ones, and all of those who have lost loved ones in the past year.

Roberta Cerniglia, Steven Hay (Linda's son-in-law), Trang (Linda's friend), John and Piper (Laura's daughter), Lynne Clinch, Ellen White, Shirley MacPherson, Millie Hinsch (Dora's mother), Ola Yannetta (Linda Wendover's aunt), Mark (Cindy Glozier's brother), Liane McGhee (Jim and Margo Jackson), Clifford Thorpe, Jerrod Dorozynski (Lynne Clinch), Patty Hall (Linda), Carol Foley (Regeneration Church), Marva Blackmar, Irene Dieter (Ancramdale Church), Adalyn Forgey and her family (Carol Hart), Bridget and Aylee, Mort Jackson, Laurena Mesnard, Teresa Maleonski (Marva), Craig Shelley, Joe (Susan), Melissa McKinney, Phyllis Shanks, Barbara Gurbel, Randy Burns (Dyan), Jim Fabrizio, Kyleigh Cummings, Millie Sheldon, Bobby Wendover, Victoria Hull (Dot), Carey (Amanda Zick), Ron & Cathy Osofsky, Caeden Boyce (Cindy and Roberta) small child with leukemia, Anthony Silva, Emo #4 (Rosanne's son-in-law's aunt), Lynn (Linda Wendover's sister), Antonio Gonzalez (Dyan), Melissa and Anthony, Gene Jernigan, Chun Ok Blackie (Jim and Margo Jackson's sister-inlaw), Caitlin Edge (Deb), Joann Amelio, Debra Rose, Marge (Laurie), Marjorie Bright, Judy MacMorran (Barbara Gurbel's daughter), Debbie (Laurie), Brittany.

Geer Nursing Home: Linda Bartolomeo Noble Horizons: Lek McNeill, RuthAnn Pulver, Charlie Napoli Meadows (formerly The Baptist Home): Ron Parliman The Manor at Woodside: Rod Davis

In the military or Reserves: Pierre Mesnard, Spencer Johnson (Iraq), Patrick Brooks, Garrett Pendleton (South Korea), Lewis and Denzel Jackson (Keith Jackson's sons), Garrett Cummings, Daniele Casazza, Kyle Moskowitz, Matt Cade, Zach McDonnell - Reserves, John Cort, Mark Hall, Jacob Coons, Danny Hoysradt, Brian Montross, Eric Wiltsie (Tom and Renee Strudwick's nephew), TroiHunter Cookingham (Fort Campbell, KY).

And all those who have served in our military.

Share a Blessing!

Next Issue: November 2021

Submission deadline: Oct. 25, 2021

Send submissions to: dyanwapnick@optimum.net