

## First United Presbyterian Church of Pine Plains

3039 Church Street  
(to visit)  
P. O. Box 313  
(for mailing)  
Pine Plains, NY 12567  
Tel: (518) 398-7117

*To **know** the love of  
Christ; to **show** the  
love of Christ; and to  
**grow** in the love of  
Christ.*

All are welcome to  
join us at our  
weekly Sunday  
worship service at  
11:00 a.m.

### Pastoral Care:

For non-urgent calls,  
please leave a message  
on the church office  
phone: (518) 398-  
7117, which is not  
checked every day.

Our website:

<http://pineplainspresbyterianchurch.com>

Email: [firstunitedpineplains@gmail.com](mailto:firstunitedpineplains@gmail.com)

Hudson River  
Presbytery:  
[www.hudrivpres.org](http://www.hudrivpres.org)

# Agape Harvest

Sometimes ideas for this page literally fall into my lap. In the September issue of *The Living Church*, a magazine to which St. James' Church (my other employer) has a subscription, my eye was caught by an article by Dr. Dennis Raverty, associate professor of art history at New Jersey City University, about the English artist Joseph Mallord William Turner (1775-1851), one of my favorite painters from the Romantic period.

In Turner's day, paintings of historical, biblical, and mythological subjects were ranked highest in the art world because it was felt that only these subjects could adequately express grand ideas and speak to the serious issues that modern society was grappling with. These subjects were followed down the scale by nudes, then portraits and scenes of everyday life, and finally at the bottom were landscapes and still lifes. Just by virtue of being a landscape painter, Turner was ranked among the lowest.

However, according to his contemporary, the art critic John Ruskin, Turner was one of the greatest living artists because his landscape paintings transcended the ordinary and rose to the sublime. One of the prime examples of this was his painting *The Slave Ship*, first exhibited at the Salon of the Royal Academy in 1840 and now on display at the Museum of Fine Arts, Boston.

At the time, the issue of slavery was a hot topic. Although abolished in Britain, British companies still profited from slavery by trading with countries and colonies on the other side of the Atlantic where it was still legal, including the United States. Turner's painting shone a spotlight on this evil. Ruskin wrote, "I think the noblest sea that Turner has ever painted, and if so, the noblest certainly ever painted by man, is that of *The Slave Ship*."

*The Slave Ship* is based on an actual event that happened in 1783, where a ship carrying hundreds of slaves was struck by a deadly virus. Since slaves were considered cargo, which was covered by insurance if lost at sea, the slaver tossed not only the dead slaves overboard but also those who were ill -- still shackled together -- so that he could collect the full insurance money for lost cargo.

The painting depicts the full horror of this incident, with its storm-tossed ship on angry waves in the background as helpless figures struggle in the sea in the foreground.

According to Dr. Raverty, "Turner had been raised a Methodist and a strong sense of justice continued to be an important element of his work throughout his career. This social responsibility of the artist is combined with an apocalyptic sense of drama that is almost biblical in works like *The Slave Ship*, and conveys the moral outrage of both the painter and the sympathetic viewer."

In short, thanks to Turner, landscape painting found its place as a voice for the modern world, and we are eternally grateful to him.

*Dyan Wapnick*



## *Worship*

Sunday Worship is at 11:00 am.

Yes, we are open!!!

Here is the list of guest clergy we have over the coming weeks:

Oct

9 Deborah Tyler  
16 Deborah Tyler  
25 Deborah Tyler/[Jan is covering for Ryan Orton](#)  
30

Nov

6 Deb Milcarek  
13 Rev. Glenn Henricksen  
20 Deborah Tyler?  
27 Deborah Tyler?

Dec

4 Rev. Jonathan Vanderbeck  
11 Rev. Glenn Henricksen  
18 Rev. Jonathan Vanderbeck

## *Our Leaders*

**SESSION:** Doug Hart (Clerk), Scott Chase, Deb Jackson, Ryan Orton, Jim Petrie, and Dyan Wapnick.

**DEACONS:** Marva Blackmar, Lynne Clinch, Dora Hage, Pam Meccariello, and Amanda Zick.

**Our next Session Mtg. is Monday, November 7 at 7pm on Zoom.**

## *Mission*

### **Local Assistance**

**Willow Roots:** Distribution is every Saturday *except* the 2<sup>nd</sup> Saturday of the month.

#### **Pine Plains Food Locker:**

The monthly drive item for October is canned soup. Toiletries are always welcomed.

Please send \$ donations to:

Pine Plains Food Locker

2852 Church Street Pine Plains, NY 12567

Distribution is on the 2<sup>nd</sup> Saturday of the month.

**The 2022 Pine Plains Hunger Crop Walk** is sponsored by the Pine Plains Council of Churches. In lieu of a physical walk this year, each member congregation will take up a special collection in October. At our church, donations will be accepted all of October. The collected money is pooled and sent to Church World Services. The Pine Plains Community Food Locker will receive 25% of the funds raised to alleviate hunger in our local community with the remaining 75% of the funds used to relieve global hunger. Please consider donating to this worthy cause. Checks should be made out to CWS/CROP and put in the collection plate. Or you can donate online at [crophungerwalk.org](http://crophungerwalk.org): just put Pine Plains in the search box in the upper right.

## *Stewardship*

### ***Online giving with Venmo!***

1. Log into the Venmo app on your phone or tablet
2. Click "Pay or Request" -- the big blue button at the bottom
3. In the "Add Recipients" box type @**FUPCPP** (stands for First United Presbyterian Church Pine Plains)
4. Select "FirstUnitedPresbyterianChurch Pine Plains" if it doesn't populate automatically
5. Enter how much money you would like to donate
6. Add "what it's for" -- you can do this in emojis which is fun!
7. Click "Pay" on the bottom right-hand side
8. Select your payment method
9. Click "Pay" -- the big green button at the bottom
10. You're all set!

## *Calendar & Events*

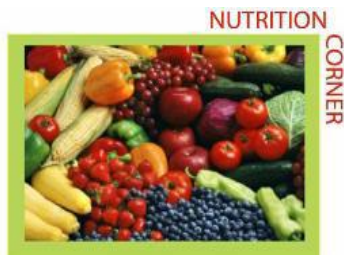
For the 2<sup>nd</sup> year, our Church will be open for some **Halloween Fun!** Visit the Church between 6 & 8 p.m. on Halloween Night (Monday, October 31st) to get some candy for your trick-or-treaters and hear some spirited organ music played by our Organist, Ryan Orton! If you'd like to volunteer to talk with visitors that night, let our Organist know!

Our **Turkey Dinner** will be the 2<sup>nd</sup> Saturday in November this year, November 12. Details are still being worked out so stay tuned!!

"He is born, the divine Christ Child; play the oboe & bagpipes merrily!" The **Annual Christmas Concert** is back! Come to the Church on Saturday, December 17th at 3 p.m. to hear holiday favorites from many talented local musicians. Refreshments will be served following the concert. More details will be in the next Newsletter. If you know of a local musician that would like to participate, please let our Organist know! "Let us have music for Christmas...Sound the trumpet of joy and rebirth; Let each of us try, with a song in our hearts to bring peace to men on earth." ~Mildred L. Jarrell

October 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
25 11 am - 12 pm Sunday Worship (Church)	26	27	28	29	30	October 1
2 11 am - 12 pm Sunday Worship (Church)	3 7 pm - 9 pm Session Mtg (Zoom)	4 Feast of St Francis of Assisi	5	6	7	8
9 11 am - 12 pm Sunday Worship (Church)	10 Columbus Day	11	12	13	14	15
16 11 am - 12 pm Sunday Worship (Church)	17	18	19	20	21	22
23 11 am - 12 pm Sunday Worship (Church)	24	25	26	27	28	29
30 11 am - 12 pm Sunday Worship (Church)	31 6 pm - 8 pm Halloween Fun	1 All Saints' Day	2 All Souls' Day	3	4	5

*Hard to Believe*



NUTRITION CORNER

By Lynne Clinch

Hard to believe it's October already. Seems like graduation was last week! The summer sure has flown by. But that means my heading south is just around the corner. It also means school has been in session for 1 month already. I recently saw a video short on TV where the kindergarten student gets off the bus and tells Mom that the lunch she fixed for him was terrible. Not once but several times he told her. It was funny but sad at the same time. It's time to start thinking about packing those school lunches and after school snacks. Plan, plan, plan! That's the secret and it's not too late to start.

As I've written over the past year, making a menu prior to grocery shopping will help beat the rising cost of food. The same goes for school lunches and snacks. Veggies and dip are a common after school snack and can easily be prepared on Sunday, packaged for the week and ready when needed. Of course pudding cups are handy too but making your own will have significant savings. Alternate with jello and splurge on a canister of whip cream for a treat. Kids love treats! Making from scratch cupcakes adding veggies/fruit like zucchini, beets and avocados give added nutrition and tastes good. Add cream cheese frosting and it's declared a winner. Recipes can be found on the internet. I also saw a recipe on the food channel recently. Of course, making banana or zucchini bread is an option too. Again, make on weekend, cut and package for individual servings. Fruit in season is another great snack along with yogurt, cheese and crackers and peanut butter and crackers.

Now that the snack problem is solved it's time to address the lunch angle. Typically, a sandwich, piece of fruit, maybe veggie sticks or chips along with milk complete the school lunch. Think about cutting crusts off the bread. (Save for bread crumbs instead of buying)... Make emoji faces with olives or cut shapes out of the sandwich. (Triangles, wedges, squares etc.) Adding interest helps stimulate the appetite and you don't want to see the lunch returned without being eaten. Or hear your child tell you the sandwich was terrible. That's just wrong on so many levels.

Aside from the usual cold cuts or salad type fillings on bread or rolls consider roll ups. Any number of fillings can be used as well as vegetables. A small container of dips can accompany this type of sandwich. Include cheese cubes or even cottage cheese if your child likes for added protein. It's just too bad that the lunchroom does not provide a microwave for student supervised use. This way leftover meals from night before could be utilized. For now, you can take to work for yourself. Anytime you throw out leftovers you throw out money. I want to share a great idea I saw in a magazine. Only wish I'd thought of it first. We all know if kids have a hand in helping in the kitchen they're apt to eat it. Well be prepared to spend some quality time around the kitchen table making your own trail mix. Great task for the whole family.

### **Trail Mix 101**

- Everyone wash hands.
- Each puts their name on their snack bags for the week.
- Use your cupcake tins and fill each hole with your goodies. Examples are as follows: cereal (like cheerios or corn checks), nuts, pretzels, goldfish, cheddar crackers or popcorn. Add dried fruit of any family favorite and don't forget the sweets. Any kind like M&Ms, chocolate covered raisins or nuts and even mini marshmallows. Hint: only use things your family likes.
- Walk around table filling your snack bag. Remember you have at least 5 days so spread out the mix.
- Pack up the bags selecting a specific area for each member to store his/her treats.
- Don't forget to pack extra bags for extra weekday company.
- Pat yourself on the back for having this idea while cleaning up.

One last budget friendly recipe is macaroni and cheese at about \$1.20 per serving.

¼ c. butter  
 ½ c. onion diced  
 1 ½ T. flour  
 ½ tsp. salt  
 3 ¼ c. milk  
 2 ½ c. dry macaroni  
 1 c. bite size broccoli florets (can use up to an additional cup)  
 1 c. diced ham  
 1 ½ c. cheddar cheese

Melt butter over medium heat in large saucepan. Add onion and cook about 5 minutes until softened. Stir in flour and salt. Stir 1 minute more. Add milk and macaroni all at once and bring up to boil. Reduce heat and simmer until macaroni is tender, at least 8 minutes more. Stir occasionally. Add the shredded cheese stirring until melted. Great stove top meal. Add salad of choice and finish with light dessert.

Until next time, happy cooking...



If you wish to directly add to the list, please e-mail [dyanwapnick@optimum.net](mailto:dyanwapnick@optimum.net)

During the coming month, please remember the following people in your daily prayers: our congregation, all our children, our loved ones, and all those who mourn.

Bob Clinch, Dot Whitaker, Jim & Margo Jackson's daughter Cora, Betty Jackson (Dot's sister), Louise Woodcock (Linda's sister-in-law), Maci Cayea (5- year-old w/stage 4 neuroblastoma), Bill Bartlett, Malachi (toddler with leukemia), Ray Wendover (Linda's husband), Marva Blackmar, Laura Dennis, Marge Parliman (Shirley's sister), Ron Brandt (Ancramdale), Steven Hay (Linda's son-in-law), Trang (Linda's friend), John and Piper (Laura's daughter), Ellen White, Shirley and Walden MacPherson, Millie Hinsch (Dora's mother), Ola Yannetta (Linda Wendover's aunt), Liane McGhee (Jim and Margo Jackson), Clifford Thorpe, Carol Foley (Regeneration Church), Irene Dieter (Ancramdale Church), Adalyn Forgey and her family (Carol Hart), Bridget and Aylee, Laurena Mesnard, Teresa Maleonski (Marva), Craig Shelley, Joe (Susan), Barbara Gurbel, Randy Burns (Dyan), Jim Fabrizio, Kyleigh Cummings, Millie Sheldon, Carey (Amanda Zick), Anthony Silva, Emo #4 (Rosanne's son-in-law's aunt), Lynn (Linda Wendover's sister), Antonio Gonzalez (Dyan), Melissa and Anthony, Gene Jernigan, Chun Ok Blackie (Jim and Margo Jackson's sister-in-law), Caitlin Edge (Deb), Joann Amelio, Debra Rose, Marge (Laurie), Judy MacMorran (Barbara Gurbel's daughter), Brittany.

**Geer Nursing Home:** Linda Bartolomeo

**Noble Horizons:** Lek McNeill, RuthAnn Pulver, Charlie Napoli

**The Manor at Woodside:** Rod Davis

**In the military or Reserves:** Pierre Mesnard, Spencer Johnson (Iraq), Garrett Pendleton (South Korea), Lewis and Denzel Jackson (Keith Jackson's sons), Garrett Cummings, Daniele Casazza, Kyle Moskowitz, Matt Cade, Zach McDonnell - Reserves, John Cort, Mark Hall, Jacob Coons, Danny Hoysradt, Brian Montross, Eric Wiltsie (Tom and Renee Strudwick's nephew), TroiHunter Cookingham (Romania).

*And all those who have served in our military.*



## Hudson River Presbytery Prayer Calendar 2022

*As a Presbytery family, we hold each other in prayer – all of us sisters and brothers in Christ. We invite you to lift up prayers for our churches, our staff, and our ministry partnerships, including them in your pastoral prayers each week, and in your church bulletins. The Church is all of us - made one in Christ.*

**October 9** – Eighteenth Sunday after Pentecost

Peekskill

Domestic Violence Awareness Month; Racial Justice Partnership

**October 16**–Nineteenth Sunday after Pentecost

Pelham, Huguenot Memorial

Pine Plains, First United

World Food Day; Children's Sabbath; Educate a Child, Transform the World

**October 23** – Twentieth Sunday after Pentecost

Pleasant Plains

Pleasant Valley, First

Young Adult Volunteer Program

**October 30** – Twenty-First Sunday after Pentecost

Pleasantville

Port Jervis

Reformation Sunday

Rev. Casey Carbone, IT/Communication Facilitator, Presbytery

**Share a Blessing!**

Next Issue: November 2022

Submission deadline: October 25, 2022

Send submissions to:

[dyanwapnick@optimum.net](mailto:dyanwapnick@optimum.net)